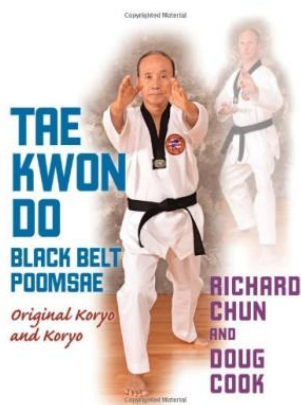


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TAE KWON DO BLACK BELT POOMSAE: ORIGINAL KORYO AND KORYO (PAPERBACK)



YMAA Publication Center, United Kingdom, 2013. Paperback. Book Condition: New. 234 x 183 mm. Language: English . Brand New Book. USA Best Book Awards Winner - USA Book News Finalist - 2014 Eric Hoffer Awards According to the World Taekwondo Federation, there are over 90,000,000 taekwondo practitioners worldwide. Every level 1 black belt student is required to learn Poomsae Koryo. Yet few are familiar with the ancestral form known as the Original Koryo . Prearranged forms known as poomsae in...

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