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From Balls and Scoops to Hula Hoops Using Varied Equipment in a Skills-Based Approach to K-3 Physical Education

By Judith Garrett

Weekly Reader Teacher's Press. Paperback. Book Condition: New. Paperback. 156 pages. Dimensions: 8.8in. x 5.8in. x 0.5in. This book was created for the primary (K3) physical education teacher. It presents a skills-based approach for teaching physical education using a variety of equipment and teaching strategies. The book provides all the necessary information to plan, organize, and implement a skills-based program. It includes a developmental assessment system and adaptations for children with special needs. The units, games, assessment rubrics, and adaptations contained in this book have been developed and field-tested over the past eighteen years in an elementary physical education program. Key features of the book include: Set of systematic instructional units, organized around different types of equipment, that address the development of foundational physical skills through individual, partner, and group activities Use of inexpensive, easily obtained equipment Identification of motor, concept development, and social competence academic support goals for each unit Simple adaptations to maximize participation of all children for each unit Set of non-competitive, complementary games that can be used to reinforce and extend the skills from the units and provide an opportunity for authentic assessment Developmental, qualitative assessment rubrics to monitor skills acquisition and progress Format that facilitates teacher lesson...

Reviews

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